

| MONDAY | Studio 1 | Studio 2 | Studio 3 | Studio 4 | Studio 5 | Music Room |
|---------|---|---|---|--|--|------------|
| 3.45 pm | | | | | | |
| 4.00 pm | 4.00 - 5.00 Ballet Grade 2 Cecchetti | | 4.00 - 5.00 Jazz Intermediate/ Advanced | 4.00 - 5.00 Ballet Intermediate RAD | 4.00 - 5.00 Ballet Grade 4 RAD | |
| 4.15 pm | | | | | | |
| 4.30 pm | | 4.30 - 5.00 Stretch TBC | | | | |
| 4.45 pm | | | | | | |
| 5.00 pm | 5.00 - 6.00 Jazz Level 7 CSTD | 5.00 - 6.00 Ballet Grade 5 Cecchetti | 5.00 - 6.00 Jazz Intermediate | 5.00 - 6.00 Ballet Intermediate Foundation RAD | 5.00 - 6.00 Ballet Advanced Foundation RAD | |
| 5.15 pm | | | | | | |
| 5.30 pm | | | | | | |
| 5.45 pm | | | | | | |
| 6.00 pm | 6.00 - 7.00 Ballet Intermediate Cecchetti | 6.00 - 6.30 Private Lesson | 6.00 - 7.00 Contemporary Advanced | 6.00 - 7.00 Ballet Grade 5 RAD | 4.00 - 5.00 Ballet Grade 6 RAD | |
| 6.15 pm | | 6.30 - 7.00 Private Lesson | | | | |
| 6.30 pm | | | | | | |
| 6.45 pm | | | | | | |
| 7.00 pm | 7.00 - 7.30 Beginner Pointe & Intermediate Foundation | 7.00 - 7.45 Tap Level 5 GWT | 7.00 - 8.00 Jazz Advanced | | | |
| 7.15 pm | | | | | | |
| 7.30 pm | 7.00 - 8.00 Pointe Intermediate Cecchetti | | | | | |
| 7.45 pm | | | | | | |
| 8.00 pm | | | 8.00 - 8.45 Tap Level 7 GWT | | | |
| 8:15pm | | | | | | |
| 8:30pm | | | | | | |
| 8:45pm | | | | | | |

| TUESDAY | Studio 1 | Studio 2 | Studio 3 | Studio 4 | Studio 5 | Music Room |
|---------|---|--|---|---|---------------------------------------|------------|
| 3.45 pm | 3.45 - 4.30 Ballet Primary | 3.45 - 4.30 Tap Level 4 GWT | 3.45 - 4.30 Jazz Junior CSTD | 3.45 - 4.30 Ballet Pre Primary | 3.45 - 4.30 Drama Senior | |
| 4.00 pm | | | | | | |
| 4.15 pm | | | | | | |
| 4.30 pm | 4.30 - 5.30 Ballet Grade 1 | 4.30 - 5.15 Tap Level 6 GWT | 4.30 - 5.15 Jazz Pre-Junior CSTD | 4.30 - 5.15 Ballet Non Exam | 4.30 - 5.15 Drama Junior | |
| 4.45 pm | | | | | | |
| 5.00 pm | | | | | | |
| 5.15 pm | | 5.15 - 5.45 Tap - Beginner | | 5.15 - 6.15 Ballet Grade 6 RAD | | |
| 5.30 pm | 5.30 - 6.30 Ballet Grade 6 Cecchetti | 5.45 - 6.30 Tap Level 3 | 5.30 - 6.30 Hip Hop Junior | | | |
| 5.45 pm | | | | | | |
| 6.00 pm | | | | | | |
| 6.15 pm | | | | 6.15 - 7.00 Adult Ballet Level 6 GWT | | |
| 6.30 pm | 6.30 - 7.30 Ballet Grade 3 Cecchetti | 6.30 - 7.00 Private Lesson | 6.30 - 7.30 Hip Hop Senior | | | |
| 6.45 pm | | | | 7.00 - 7.45 Adult Jazz | | |
| 7.00 pm | | | | | | |
| 7.15 pm | | | | | | |
| 7.30 pm | | | | | | |
| 7.45 pm | | | 7.45 - 8.30 Adult Tap | | | |
| 8.00 pm | | | | | | |
| 8:15pm | | | | | | |
| 8:30pm | | | | | | |
| 8:45pm | | | | | | |

| WEDNESDAY | Studio 1 | Studio 2 | Studio 3 | Studio 4 | Studio 5 | Music Room |
|-----------|---|---|--|--|---|------------|
| 3.45 pm | 3.45 - 4.45 Ballet Grade 3 RAD | 3.45 - 4.45 Ballet Grade 5 Cecchetti | | 3.45 - 4.45 Ballet Grade 4 RAD | 3.45 - 4.45 Ready Set Dance Level 2 | |
| 4.00 pm | | | 4.00 - 4.45 Jazz Level 1 | | | |
| 4.15 pm | | | | | | |
| 4.30 pm | | | | | | |
| 4.45 pm | 4.45 - 5.45 Ballet Grade 2 | 4.45 - 5.15 Kindy Ballet | 4.45 - 5.30 Jazz Level 2 | 4.45 - 5.45 Ballet Intermediate Foundation | 4.45 - 5.45 Ballet Grade 5 RAD | |
| 5.00 pm | | | | | | |
| 5.15 pm | | 5.15 - 5.45 Stretch | | | | |
| 5.30 pm | | | | | | |
| 5.45 pm | | 5.45 - 6.45 Ballet & Pointe Advanced 1 RAD | 5.45 - 6.45 Contemporary Intermediate | 5.45 - 6.45 Ballet Advanced Foundation RAD | 5.45 - 6.45 Ballet Grade 3 Cecchetti | |
| 6.00 pm | 6.00 - 6.45 Jazz Level 3 | | | | | |
| 6.15 pm | | | | | | |
| 6.30 pm | | | | | | |
| 6.45 pm | 6.45 - 7.30 Jazz Level 4 | | 6.45 - 7.30 Jazz Level 5 | 6.45 - 7.30 Pointe Advanced Foundation RAD | | |
| 7.00 pm | | | | | | |
| 7.15 pm | | | | | | |
| 7.30 pm | 7.30 - 8.15 Jazz Level 9 | | 7.30 - 8.15 Jazz Level 6 | | | |
| 7.45 pm | | | | | | |
| 8.00 pm | | | | | | |
| 8:15pm | | | | | | |
| 8:30pm | | | | | | |
| 8:45pm | | | | | | |

| THURSDAY | Studio 1 | Studio 2 | Studio 3 | Studio 4 | Studio 5 | Music Room |
|----------|---|--|---|--|--------------------------------------|--------------------------------------|
| 3.45 pm | | | | | 3.45 - 4.15 Private Lesson | 3.45 - 4.15 Private Lesson |
| 4.00 pm | 4.00 - 4.45 Lyrical Senior | 4.00 - 4.45 Ballet Grade 6 Cecchetti | 4.00 - 4.45 Acro-Gymnastics Level 2 | 4.00 - 4.45 Acro-Gymnastics Level 1 | | |
| 4.15 pm | | | | | 4.15 - 4.45 Private Lesson | 4.15 - 4.45 Private Lesson |
| 4.30 pm | | | | | | |
| 4.45 pm | 4.45 - 5.15 Private Lesson | 4.45 - 5.15 Private Lesson | 4.45 - 5.30 Acro-Gymnastics Level 4 | 4.45 - 5.30 Musical Theatre Junior | | |
| 5.00 pm | | | | | | |
| 5.15 pm | 5.15 - 5.45 Private Lesson | 5.15 - 5.45 Private Lesson | | | | |
| 5.30 pm | | | 5.30 - 6.15 Acro-Gymnastics Level 3 | 5.30 - 6.15 Tap Level 5A GWT | | 5.30 - 6.15 Group Vocals |
| 5.45 pm | 5.45 - 7.15 Ballet Advanced 1 Cecchetti | 5.45 - 6.15 Private Lesson | | | | |
| 6.00 pm | | | | | | |
| 6.15 pm | | | 6.15 - 7.00 Lyrical Level 3 | 6.15 - 7.00 Musical Theatre Senior | | |
| 6.30 pm | | | | | | |
| 6.45 pm | | | | | | |
| 7.00 pm | | 7.00 - 8.00 Yoga | 7.00 - 7.45 Lyrical Intermediate | | | |
| 7.15 pm | 7.15 - 8.00 Pointe Advanced 1 Cecchetti + Inter RAD | | | | | |
| 7.30 pm | | | | | | |
| 7.45 pm | | | 7.45 - 8.15 U12 Performance - Lyrical | | | |
| 8.00 pm | | | | | | |

CAPA Timetable 2018 - Recommended ages for classes. For enquiries contact us on (07) 3849 8733.

2 - 7 7 - 10 11 - 14 14+ Adult

| FRIDAY | Studio 1 | Studio 2 | Studio 3 | Studio 4 | Studio 5 | Music Room |
|---------|---|--|--|---|----------|------------|
| 9.00 am | 9.00 - 10.00 Ready Set Dance Level 1 | | | | | |
| 9.15 am | | | | | | |
| 9.30 am | | | | | | |
| 9.45 am | | SL | | | | |
| 3.15 pm | | | | | | |
| 3.30 pm | | | | | | |
| 3.45 pm | 3.45 - 4.15 Stretch | 3.45 - 4.30 Speech & Drama Private Lesson | 4.00 - 4.45 Advanced Stretch | | | |
| 4.00 pm | | | | LB | LL | |
| 4.15 pm | 4.15 - 4.45 U8 Performance - Jazz | 4.30 - 5.15 Speech & Drama Private Lesson | 4.45 - 5.15 U12 Performance - Jazz | 4.45 - 5.15 Private Lesson | | |
| 4.30 pm | | | | | LB | LL |
| 4.45 pm | 4.45 - 5.15 U8 Performance - Ballet | 5.15 - 6.00 Speech & Drama Private Lesson | 5.15 - 5.45 U15 Performance - Jazz & Con | 5.45 - 6.15 U15 Performance - | | |
| 5.00 pm | | | | | DL | LL |
| 5.15 pm | 5.15 - 5.45 U10 Performance - Jazz | 5.45 - 6.15 Private Lesson | 6.15 - 6.45 U12 Performance - TAP | 6.45 - 7.15 U15 Performance - TAP | | |
| 5.30 pm | | | | | LB | LL |
| 5.45 pm | 5.45 - 6.15 Private Lesson | | | | | |
| 6.00 pm | | | | | LB | DL |
| 6.15 pm | 6.15 - 6.45 U15 Performance - TBC | | | | | |
| 6.30 pm | | | | | KI | LB |
| 6.45 pm | | | | | | |
| 7.00 pm | 7.00 - 7.30 Private Lesson | | | | | |
| 7.15 pm | | DL | | | | |
| 7.30 pm | | | | | | |

| SATURDAY | Studio 1 | Studio 2 | Studio 3 | Studio 4 | Studio 5 | Music Room | |
|----------|--|--|---|--|--|--|----|
| 8:30am | 8.30 - 9.30 Ballet Grade 1 Cecchetti | 8.30 - 9.15 Tap Level 8 GWT | | | 8.30 - 9.30 Stretch & Pilates TBC | | |
| 8.45 am | | | | 8.45 - 9.30 Jazz Jazz 2 CSTD | | 8.45 - 9.15 Kindy Ballet Junior Jazz CSTD | |
| 9.00 am | | | LB | | | BD | |
| 9.15 am | | | HD | 9.15 - 9.45 Private Lesson | | AC | |
| 9.30 am | 9.30 - 10.15 Ballet Primary | 9.45 - 10.15 Private Lesson | 9.30 - 10.15 Jazz Junior Jazz CSTD | 9.15 - 10.00 Ballet Pre-Primary | 9.30 - 10.30 Ready Set Dance Level 1 | | |
| 9.45 am | | | | | | HD | AC |
| 10.00 am | | | | | | | |
| 10.15 am | 10.15 - 11.45 Ballet Advanced 1 / Intermediate Cecchetti | 10.15 - 10.45 Private Lesson | 10.15 - 11.00 Jazz Pre-Junior Jazz CSTD | 10.00 - 1.00 Ballet Grade 3 RAD | 10.30 - 11.30 Ready Set Dance Level 2 | | |
| 10.30 am | | | | | | LB | AC |
| 10.45 am | | | | | | | |
| 11.00 am | | | 11.00 - 11.30 Beginner Tap | 11.00 - 11.45 Jazz Level 1 CSTD | | | |
| 11.15 am | | | | | | | |
| 11.30 am | | 11.30 - 12.15 Private Lesson | 11.45 - 12.45 Classical Repertoire Majors only | 11.45 - 12.15 Stretch | | | |
| 11.45 am | | | | | LB | AC | |
| 12.00 pm | 11.45 - 12.45 Ballet Grade 2 | | | | | | |
| 12.15 pm | | | | | | | |
| 12.30 pm | | | | | | | |
| 12.45 pm | 12.45 - 1.45 Ballet Elite Training Programme Invitation only (10 - 13yrs) | 12.45 - 1.45 Ballet Grade 3 Cecchetti | 12.45 - 1.45 Aerial Level 1 | | | | |
| 1.00 pm | | | | | | | |
| 1.15 pm | | | | | | | |
| 1.30 pm | | | | | | | |
| 1.45 pm | 1.45 - 2.45 Ballet Elite Training Programme Invitation only (7 - 9 yrs) | 1.45 - 2.45 Ballet Intermediate RAD | 1.45 - 2.45 Aerial Level 2 | | | | |
| 2.00 pm | | | | | | | |
| 2.15 pm | | | | | | | |
| 2.30 pm | | | | | | | |
| 2.45 pm | | | 2.45 - 3.45 Aerial Level 3 | | | | |
| 3.00 pm | | | | | | | |
| 3:15pm | | | | | | | |
| 3:30pm | | | | | | | |
| 3:45pm | | | | | | | |

CAPA Timetable 2018 - Recommended ages for classes. For enquiries contact us on (07) 3849 8733.

2-7 7-10 11-14 14+ Adult