

CAPA TIMETABLE 2024

WEDNESDAY	Studio 1		Studio 2		Studio 3		Studio 4		Studio 5		Music Room
1.45pm			1:45-3:45								
			VET	LB	3:15-4:00						
3.30pm	3:15-3:45 Private	HD			Jazz	KI					
3.45 pm	3:45-4:45				Level 9 CSTD		3:45-4:00	LB			
4.00 pm	Ballet				4:00-4:45		4:00-4:45		4:00-4:45		
4.15 pm	Grade 6	HD			Lyrical	DL	Jazz	KI	Tap	LB	
4.30 pm					Junior		Level 6		Level 5 GWT		
4.45 pm	4:45-5:45				4:45-5:45		4:45-5:45		4:45-5:15	LB	
5.00 pm	Ballet				Lyrical	DL	CSTD Teachers	KI	Private		
5.15 pm	Grade 4	HD			Intermediate				5:15-5:45	LB	
5.30 pm									Private		
5.45 pm	5:45-6:45				5:45-6:45		5:45-6:45		5:45-6:45		
6.00 pm	Ballet				Lyrical	DL	CSTD Teachers	KI	Hip Hop	KA	
6.15 pm	Grade 5	HD			Advanced				Inermediate		
6.30 pm											
6.45 pm	6:45-8:00		6:45-7:15	DL	6:45-7:45						
7.00 pm	Ballet		Private		HipHop						
7.15 pm	Intermediate	HD	7:15-7:45	DL	Advanced	KA					
7.30 pm			Private								
7.45 pm											
8.00 pm	8:00-8:30				7:45-8:45						
8.15pm	Inter Pointe (old)	HD			Ballet	KB					
8.30pm					Advanced 1						
					RAD						

CAPA TIMETABLE 2024

THURSDAY	Studio 1		Studio 2		Studio 3		Studio 4		Studio 5		Music Room	
1.00pm	1:00-3:00											
2.00pm	Ballet Adv 2 Cecchetti		HD									
3.00pm												
3:15pm			3:00-5:00	KD								
3:30pm	3:30-4:00											
3.45pm	PBT/ Fitball		HD	Privates	3:45-4:30	LB	3:30-4:00	RD	3:45-4:30			
4.00 pm	4:00-5:30				HD	Advanced 1 Cecchetti	Musical Theatre Intermediate	HL	4:00-5:00	RD	Hip Hop Junior	HL
4.15 pm	Ballet		HD	Privates			4:30-5:30	HL	Ready Set Dance Level 1/ 2	TH	4:30 - 5:15	LB
4.30 pm					Acro—Gymnastics Level 2				5:00-5:30	TH	Musical Theatre Junior	
4.45 pm			HD	Privates			Mini Acro		5:15-6:00	LB		
5.00 pm					HD	Advanced 1 Cecchetti			5:30-6:30	LB	Tap Level 8 GWT	
5.15 pm			HD	Privates					Musical Theatre Senior		6:00-6:45	LJ
5.30 pm	5:30-6:30				HD	Ballet Grade 5	5:30-6:30	HL			Tap Level 3	
5.45 pm	Ballet Intermediate		HD	Privates			Acro—Gymnastics Level 1	HL	6:30-7:00pm	LB		
6.00 pm					HD	Privates			Private			
6.15 pm			HD	Privates					7:00-7:30pm	LB		
6.30 pm	6:30-7:00				HD	Privates	6:30-7:30	HL				
6.45 pm	Inter Pointe (new)		HD	Privates			Acro—Gymnastics Level 3	HL				
7.00 pm					HD	Privates						
7.15 pm			HD	Privates								
7.30 pm					HD	Privates						
7.45 pm			HD	Privates								
8.00 pm					HD	Privates	7:30-8:15	LB				
8.15 pm			HD	Privates			Tap Open	LB				
8.30 pm					HD	Privates						
8.45pm			HD	Privates			8:15-9:00	LB				
					HD	Privates	Tap Level 9 GWT	LB				

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FRIDAY	Studio 1		Studio 2		Studio 3		Studio 4		Studio 5		Music Room	
3.45 pm	3:45-4:15	NS			3:45-4:15pm	LB						
4.00 pm	Stretch				Private							
4.15 pm	4:15-5:00				4:15-5:00							
4.30 pm	Jazz	LB			Advanced Stretch	DL						
4.45 pm	Jazz U8 Perf.											
5.00 pm	5:00-5:30	DL			5:00-5:30	LB						
5.15 pm	Ballet U8 Perf				Jazz U15 Perf.							
5.30 pm	5:30-6:00	DL			5:30-6:00	LB						
5.45 pm	Lyrical U10 Perf.				Jazz U15 Perf.							
6.00 pm	6:00-6:45				6:00-6:45							
6:15pm	Jazz	LB			Lyrical	DL						
6:30pm	U10 Perf.				U15 Perf.							
6:45pm	6:45-7:30	DL			6:45-7:15	LB						
7.00 pm	Private				TAP U10 Perf.							
SATURDAY	Studio 1		Studio 2		Studio 3		Studio 4		Studio 5		Music Room	
8:30am	8:30-9:15				8:30-9:15	HD						
8.45 am	Jazz	MH	8:45-9:45		Ballet							
9.00 am	Pre Junior		Ready Set Dance	RD	Pre-Primary							
9.15 am	9:15-10:00		Level 1	TH			9:15-10:00	MH	9:15-10:00	LJ		
9.30 am	Ballet	HD					Jazz		Jazz			
9.45 am	Primary				9:45-10:15	RD	Pre-Junior		Level 2			
10.00 am	10:00-11:00				Kindy Ballet		10:00-10:30	MH	10:00-10:30	LJ		
10.15 am	Ballet	HD			10:15-11:15	RD	Beginner Tap		Tap 2			
10.30 am	Grade 3				Ready Set Dance	RD	10:30-11:15	MH	10:30-11:15	LJ		
10.45 am					Level 2	TH	Jazz		Jazz			
11.00 am	11:00-11:45	HD					Junior Jazz		Level 1			
11.15 am	Ballet- U10 Performance		11:15-11:45	MR	11:15-11:45	HD/						
11.30 am	11:30-12:30		Private		Ballet- U10 Perf Cont'd	RD						
11.45 am	Ballet	HD			11:45-12:30	MR	11:45-12:30	TB				
12.00 pm	Grade 1				PBT/ Fitball conditioning		PBT/ Fitball conditioning		Advanced			
12.15 pm					Junior		12:30-1:30	HD				
12.30 pm	12:30-1:30	MR			12:30-1:30	KB	Ballet					
12.45 pm	Ballet				Ballet		Grade 2					
1.00 pm	Advanced RAD				Extension Class							
1.15 pm												
1.30 pm	1:30-2:00	MR	1:30-2:30	HD	1:30-2:15	KB						
1.45 pm	Advanced Pointe		Ballet-U8 Perf		Contemporary							
2.00 pm	1.30-2.30	HD			Junior		2:15-3:45	MR				
2.15 pm	Ballet- U8 Perf cont'd						Private					